

Breakfast/mid-morning break menu

(a selection served each day)

Bread/toast and flora	35p
Cheese on toast	60p
Crumpets or teacakes	23p
Bagel with spread	60p
Bacon roll	75p
Yoghurt	40p
Fresh fruit/fruit packet from	40p
Fruit juice	28p
Aqua 67 drink small 60p large 80p	
Milk carton	40p
Bottled water small 48p large 68p	
Hot chocolate/coffee	65p

You can enjoy a wide range of snacks and meals from your school cafeteria every day.

Cafeteria prices offer great value for money – you can tuck into a tasty two-course meal for a fixed price of just **£2**.

Check out your school's cafeteria to find out exactly what's on offer each week.

All of our schools use a cashless payment system.

You'll be able to use either a top-up card or biometric system when paying for your food and drink.

Are you eligible for free school meals?

**Go to our website to find out.
www.solihull.gov.uk/schoolmeals**

schoolmeals@solihull.gov.uk

Tel: 0121 704 6623



Solihull School Dinner Guide

2013/14



From the oven

Roast meats	99p
Curries/chilli/baltis	99p
Fish in batter/breadcrumbs	95p
Pizzas from	99p

From the grill

Beef burger or chicken fillet burger	£1.00
Cheese burger	£1.10

From the salad bar

Salad pots from	£1.10
Fresh fruit/fruit packet from	40p

From the vegetarian bar

Vegetarian dish of the day	95p
Vegetarian burger	88p
Home-made quiche	95p

Side orders

Roast/boiled/creamed potatoes	40p
Potato wedges	90p
Jacket potato with spread	65p
Rice	45p
Baked beans	45p
Vegetables	40p
Garlic bread	55p

Grab and go

Pasta King or Chicken Joe wrap	£1.65
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From the bakery

Sandwiches from	£1.10
Baguettes from	£1.40
Wraps from	£1.20
Paninis from	£1.70
Homebakes from	45p

Drinks

Fruit juice	28p
Aqua 67 drink	small 60p large 80p
Capri Sun	65p
Fruitina	80p
Milk carton	40p
Bottled water	small 48p large 68p
Hot chocolate/coffee	65p



UK FOODHALL
LITTLE JACK