



HEALTH EDUCATION SEX & RELATIONSHIPS AND DRUG EDUCATION POLICIES

Light Hall School is committed to the health and safety of all staff and pupils and this is reflected in comprehensive policies that guide the work of the school, particularly in the crucial areas of sex education and drug and substance abuse education. These policies reflect the statutory guidelines and have been drawn up after wide consultation with all involved in the education process at school.

PRINCIPLES

- That students are entitled to responsible and relevant sex and drug education as a key element of personal and social education meeting the needs of all pupils considering their age, ability, gender and maturity.
- That successful adulthood includes understanding and constructive use of sexuality.

AIMS

- To increase understanding and awareness.
- To provide accurate information to aid informed decision making .
- To stress responsibility and the moral and social aspects of growing maturity.
- To encourage self respect and respect for others.
- To encourage pupils to be positive and confident in their relationships and well equipped to cope with peer pressure.
- To meet legal requirements.
- To minimise risks and identify sources of appropriate support.

DELIVERY

- Through discrete subjects as part of the National Curriculum e.g. Science, P.E., Religious Education and English.
- Through outside agencies, visiting Drama groups, presentations by the School Nurse and other specialist presenters as resources allow.
- Through PSD Focus Days relevant to specific issues and age groups.

Parents have the right to withdraw their child from elements of the sex & relationships education programme not prescribed through the National Curriculum. However, it is our strong recommendation that pupils are not withdrawn from these lessons as our programme emphasises moral, loving attitudes towards relationships, stresses the importance of family life and encourages responsible decision making. Parents who have any concerns should contact the school and any request for withdrawal should be made in writing to the Headteacher.